

Let's know how the house is insulated properly, so that the atmosphere of the house remains balanced.

01



Window Insulation:

The outside heat and cold comes in mainly from the windows and doors. To prevent this, you can use windows with double glass that have rubber gasket fixed in them.

02



Floor Insulation:

By laying a layer of wooden flooring/laminate flooring/cork based flooring, you can prevent the cold coming from the flooring.

03



Insulation of walls and ceiling:

Make air pockets in the walls or use AAC blocks... This gives insulation from the sunshine and use lighter colour on the outer walls, especially the wall at the West, which does not get too hot due to the sunshine. Use china mosaic, light paint or clay tiles on the ceiling.

04



Insulation from the noise:

The wall constructed using AAC blocks absorbs the noise coming from outside. The inner side of the walls can be laminated or can be covered with sound insulation panel and the double glass windows also prevent the noise.



For more information on home-builing, [click here](#).